

NO BULLYING IN MY SCHOOL

1. PRESENTATION

The 5-day-training offers the opportunity to understand the phenomenon of bullying on both theoretical and practical aspects. The knowledge of descriptive elements will be the base for the analysis and the creation of instruments for the prevention and/or treatment of bullying.

Participants will be involved in group activities and they have the opportunity to reflect on their personal experience and to adapt the information and contents collected to their professional and personal contexts.

The course mixes theoretical concepts, active exercises and group comparison.

The course is based on training courses for teachers, meeting with parents and well-being project, developed in primary and secondary schools in last years.

2. PROGRAMME

Arrival: Sunday

1° DAY (Monday)

9.00 – 13.30

Registration of participants

- o Course presentation
- o Participants introduction
- o Personal and professional expectations
- o Progetto Crescere Presentation

In the afternoon

Cultural visit to Reggio Emilia with guide

DAY 2 (Tuesday)

9.00 – 13.30

Updated theoretical aspects concerning the topic of Bullying (description, roles analysis, consequences for involved people, norms and laws to limit bullying in schools, instruments for the surveying of the relations in class/group).

In the afternoon

Visit to Educational Centre

DAY 3 (Wednesday)

9.00 – 13.30

How to prevent bullying in primary school:

- Theoretical and practical aspects for prevention in the first three years of primary school

- Theoretical and practical aspects for prevention in the last two years of primary school
Discussion, sharing and adaptation to the professional contexts of the participants.

DAY 4

9.00 – 13.30

How to prevent bullying in secondary school.

How to involve parents in prevention and treatment of bullying.

Discussion, sharing and adaptation to the professional contexts of the participants.

DAY 5

9.00 – 13.30

o Opportunity to exchange experiences.

o Final evaluation of the course and dissemination plan

Farewell Lunch

Departure: Saturday

3. OBJECTIVES

This course gives useful instruments to everyone involved in educational staff in school: teachers, trainers, Education staff and Youth workers. The well-balanced programme between theoretical parts and practical experiences permits participants to be well prepared and informed about methods, techniques and instrument useful in school about the theme.

The course wants, in particular, to reach some goals:

- To learn about Italian Educational System
- To understand the role of the teacher and, in general, of adults about the question of bullying
- To share specific educational tools for the analysis and the prevention of the phenomenon
- To find out a way of involving parents into the school system
- To develop links between participants
- To develop professional competences and skills

4. TARGET

For educational staff: teachers, school leaders, educators, trainers, school administrators

For Adult Educational Staff: experts involved in training of educational staff

For young people and youth workers: young people will be involved in the training or everyone interested in school activities

5. METHODOLOGY

Visits to educational contexts (observation in situation)

Case studies

Group discussions and reflections

Action methods (role playing situations, simulations, brainstorming)
Presentation of check list with simulation
Presentation of tests with simulation
Good practice presentations

6. ARRANGEMENT

The course

The course is organized in PROGETTO CRESCERE's meeting room (Via Kennedy, 17 – Reggio Emilia), easily reachable by feet or using public transports.

DISTANCE FROM PROGETTO CRESCERE TO THE CITY CENTRE: 1,1 km (13 minutes walking; 15 minutes by bus).

Transports

Public transport and taxi provide fast connection from and to the city centre.

Hotel

Reggio Emilia offers different possibilities. You can consult all opportunities here:

<http://turismo.comune.re.it/en/hotels-and-restaurants/where-to-stay>

We will be pleased to help you, in case of need.

7. WHEN TO APPLY?

Organizations are invited to submit applications on-line to the National Agency following the **deadline of the year**.

For further information about it, please **check Erasmus+ Official Website**:

http://ec.europa.eu/programmes/erasmus-plus/index_en.htm

8. COSTS

450,00 € per participant for course fee and organizational costs.

WHAT IS EXCLUDED FROM THE COURSE FEE

- Accommodation and meals
- Travel costs from Your country to Italy
- Transports from and to the airport at home and in Italy
- Transports from the airport to the hotel and back
- Extras in general