

ACTIVE TRAINING STEP BY STEP TO BE AN ACTIVE TRAINER OR TEACHER

1. Presentation

Being a trainer or a teacher in a new training group is an hard work. A training course is not just something born to teach people: is something more, created by a group of people that should trust in their trainer or people for a short or long period. That's why a trainer or a teacher may learn some useful techniques to deal with participants.

This course guides experts in training to learn and use techniques at the basis of an Active Training. Five days for five useful steps in training courses for every participants ages.

This course is the result of previous courses and workshops organized in the last 3 years (*Social expressive laboratory: from my learning to our learning; Cooperative Learning: a method to develop social and learning skills for inclusion in educational and social contexts; Training teachers and trainer: educational and psychological strategies for adult trainers; FROM I TO WE: an expressive laboratory to develop social and communication skills, from adults to peers*).

2. Programme

Arrival: on Sunday

1° DAY (Monday)

Registration of participants

o Course " Active training step by step to be an active trainer or teacher"

FIRST STEP: How to welcome a training group

o Ice Breaker activities: some useful instruments

o How to collect expectations

o How to involved participants introducing themselves: Participants Presentations

2° DAY

SECOND STEP: the trainer/teacher as a mediator in learning processes

o How to guide a group

o How to observe dynamics in a group

o How to involve participation

3° DAY

THIRD STEP: Participants' profiles

o Different profiles in a group (leader, etc...)

o How to prevent prevarication

4° DAY

FOURTH STEP: Setting and Instruction

- o How to create the task
- o How to form groups
- o How to prepare the setting
- o Role of observer
- o How to give instructions

5° DAY

FIFTH STEP: Final Evaluation

- o Final Expressive Evaluation
- o Dissemination Plan
- o Final Evaluation of the group

Departure: on Saturday

3. Objectives

To increase professional competences and social skills of participants involved in training and education

In particular:

- o To learn basis of training techniques and methodologies in an active way
- o To involve participants in training courses
- o To prevent and deal diseases and difficulties between participants in a group
- o To understand the importance of the work in group
- o To know how to create settings
- o To use observer and mediator techniques

4. Target

Teachers (pre-school, primary, secondary, vocational, adult, special needs), teacher trainers, careers officers, educational guides and counsellors, head teachers / principals / managers of schools / organizations offering adult education, HRM professionals, social workers, educators

5. Methodology

The course creates, thanks to simulations, a group of discussion and work.

- the active way, laboratories and simulations, used during the workshop are an example of activities useful for people without a specific cultural and social background; the aim is to increase participants' social and communicative skills useful for life and for work in every kind of contests.
- the learning informal way, used during the course, permits to all participants to take part to the course. The possibility to have a comparison among people is one of the most important strategy to create new ways to communicate.
- the course is based on interactive methodology and not on a frontal lesson. Participants learn by doing and this methodology can be transfer in other European contexts of learning and training and also in daily life. The group, during the course, becomes a simulated social group, similar to groups we meet in our life and in our group of work.

- the methodology used during the course (simulation) is an example of good innovative practice which can be transferred from the contest of the workshop to other educational contexts.

6. Arrangements

The course

The course is organized in PROGETTO CRESCERE's meeting room (Via Kennedy, 17 – Reggio Emilia), easily reachable by feet or using public transports.

DISTANCE FROM PROGETTO CRESCERE TO THE CITY CENTRE: 1,1 km (13 minutes walking; 15 minutes by bus).

Transports

Public transport and taxis provide fast connection from and to the city centre.

Hotel

Reggio Emilia offers different possibilities. You can consult all opportunities here:

<http://turismo.comune.re.it/en/hotels-and-restaurants/where-to-stay>

We will be pleased to help you, in case of need.

7. When to apply?

Organizations are invited to submit applications on-line to the National Agency following the **deadline of the year**.

For further information about it, please **check Erasmus+ Official Website**:

http://ec.europa.eu/programmes/erasmus-plus/index_en.htm

8. Costs

450,00 € per participant for course fee and organizational costs.

WHAT IS EXCLUDED FROM THE COURSE FEE

- Accommodation and meals
- Travel costs from Your country to Italy
- Transports from and to the airport at home and in Italy
- Transports from the airport to the hotel and back
- Extras in general

TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

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Presidente: Patrizia Fantuzzi

Certificate of attendance. Europass Mobility Certificate on request.